

Find Your Passion Try-It Schedule

Saturday, August 24th, 9am – 3pm, Woolwich Memorial Centre (24 Snyder Ave South, Elmira)

Time	Community Centre	Outside	Jim McLeod Ice Pad	Pool	Lobby
9:00 – 9:30		Imamovic-Ayer Tennis Academy	Sledge Hockey Free Skate		-Sign in/ Waiver table -Information Tables (Karate, Soccer, Basketball, Fitness, Sledge Hockey, Swimming, Boccia Ball, Goalball, Tennis, WRFN, Skyzone, Neighbourhood Nature Play etc.)
9:30 – 10:00	Waterloo United				
10:00 – 10:30	Soccer				
10:30 – 11:00	Goalball				
11:00 – 11:30	KW Gymnastics	Boccia Ball			
11:30 – 12:00					
12:00 – 12:30					
12:30 – 1:00	Wheelchair Basketball				
1:00 – 1:30		Outdoor Curling			
1:30 – 2:00	Moovin & Groovin				
2:00 – 2:30			Guelph Marlins		
2:30 – 3:00					

Organization	Important times	Information
Woolwich Sledge Hockey	Try it: 9am-12pm Information Booth: 9am-3pm	Come test out a sledge and practice some sledge hockey drills with coaches from the Woolwich Sledge Hockey program! Bring your skates as well, as there will be lots of room on the ice for families to enjoy a spin around the rink and get warmed up for the soon-to-be-here skating season! Don't forget your warm clothes, skating helmets, and gloves (hockey gloves if you have them!)
Imamovic-Ayer Tennis Academy	Try it: 9-11 am	One of the coolest things about wheelchair tennis is that a wheelchair player can play against a stand up player, making this sport a pretty awesome physical activity for the whole family! Come give it a try from 9am to 11am outside. Make sure to connect with Joel early, as they can only stick around until 11am!
Waterloo United Soccer	Try it: 9:30-10:30am Information Booth: 9am-3pm	Waterloo United Soccer staff will be on hand to show you what their soccer program is all about! Come have fun learning basic soccer skills and playing a mini game. Try it session will be from 9:30-10:30am in the Community Centre, or visit them at their information table until 3pm.
Goalball	Try it: 10:30-	Come put all your senses to the test and learn how blind athletes play soccer and Goal Ball (a fast

<i>Ontario Blind Sports Association</i>	11am Information Booth: 10am-2pm	paced sport developed specifically for people with visual impairments.) Learn about the special balls and other equipment they use to create an equal playing field for all athletes! Glen and Barbara will also be available all day to meet families and answer questions at their information table.
KW Gymnastics	Try it: 11am-12pm Information Booth: 9am-3pm	Adaptive Gymnastics staff will be on hand to show you what their program is all about! Test out their equipment in the community centre from 11am-12pm, or visit them at their information table until 3pm
Boccia- Sports for Special Athletes	Try it: 11am-12pm	Boccia truly is a sport for everyone! KidsAbility and Sports for Special Athletes are excited that this sport will be returning this fall session. Come give it a try, test our new equipment, and learn how the game is played all the way from the backyard to the Paralympics! Try it is from 11am-12pm outdoors.
Spinners Wheelchair Basketball	Try It: 12:30-1:30pm Information Booth: 9am-3pm	Come see why so many people love this exciting sport. Test out a sport chair and see how you play the game when you don't have to worry about your standing balance (and see how you do when the net is that much further away!!). Try it is from 12:30-1:30pm in the Community Centre.
Movin & Groovin	Try it: 1:30-2:30pm Information Booth: 12-3pm	Movin & Groovin is an amazing program run by the Department of Kinesiology and Physical Education (KPE) at Wilfrid Laurier University. Come try out this fun, fit, and fab fitness program that incorporates many types of groovin' movements from dance and yoga to cooperative games and fitness exercises. Try it is from 1:30-2:30pm in the Community Centre. Information Booth from 12-3pm.
Guelph Marlins	Try it: 2:00-3:00pm Information Booth: 9am-3pm	Come test your strokes with the coaches of the Guelph- Wellington Swim Club who are experienced with Para-Athletes. Get tips and tricks to improve your form, and learn what joining a swim club is all about.
Dance Adventure	Information Booth: 9am-3pm	Learn about their DARE Jr. & Sr. programs, as well as how they help young dancers with special needs to integrate into other studio classes. Visit them at their information table all day.
WRFN	Information Booth: 9am-3pm	Come by the information table to learn about the great programs, supports and services available
Skyzone	Information Booth: 9am-3pm	Come by Skyzone's information booth to learn more about their programs and drop in times.
Neighbourhood Community Play	Information Booth: 9am-3pm	Come by the Neighbourhood Community Play information booth to learn more about their nature play programming for children and families in two Kitchener neighbourhoods in the way of games, activities, and crafts that draw attention to the natural and built elements and features of our parks: Kingsdale Park and Gzowski Park.

Moveability Kids (Guelph)	Information Booth: 9am- 3pm	Come by Moveability Kids information booth to learn more about their programs! MoveAbility was created to empower children with special needs to reach their full potential in sport and the arts. MoveAbility focuses on the rehabilitation of physical and mental disabilities and promotion of emotional growth through movement therapy programs such as gymnastics.
Asahi Judo	Information Booth: 9am-3pm	Drop by Asahi Judo information table to learn more about the program! Asahi Judo offers integrated classes for youth of all abilities as well as a supportive program to build athletic ability and social skills specifically designed to aid those with ASD in integrating into main stream Judo. One of the main focus areas will be fall safety.
City of Kitchener	Information Booth: 9am-3pm	Information about Fall Programs and program support options. Come learn about the Golf Program!
City of Waterloo	Information Booth: 9am-3pm	Information about Fall programs and support options
Woolwich Township	Information Booth: 9am-3pm	Information about Fall programs
Firefly	Information Booth: 9am-3pm	Information about programs and support options

Additional Skating Information: Approximately 15 sledges of various sizes will be available for participants to try. Some hockey gloves and helmets will also be available, however participants are encouraged to bring their own if possible. Families are encouraged to bring their skates and enjoy some free skating time in a sensory-friendly environment. Some skating aids will be available. Dressing Rooms # 4 & 6 will be available for us to use.

Additional Swimming Information: Connect with a Guelph Marlin Swim Club Coach experienced in coaching Para-Swimmers. Meet with a Young swimmers are required to check in at Customer Service to receive a swim band prior to entering the pool area.

Other Important Information:

- Two accessible change stations are available in the Family Change Room for participants who require these facilities
- Note: Swim programs and skating programs will be taking place throughout the day. Families are welcome to take part in the Public Swim and Public Skate. A cost is associated with the both of these programs. Payment can be done at the Customer Service desk.